



The Navigator

The Exchange Club of Greater Newburyport

P.O. Box 31, Newburyport, MA 01950

Meetings 1st and 3rd Tuesdays at 6 p.m. at Starboard Galley

January 30, 2019

www.exchangeclubofgreaternewburyport.org

President-Jim Noyes, Secretary-Stuart Deane, Treasurer-Barbara Griffith, President Elect-Erin Fournier
Newsletter Editor-Stuart Deane

Enthusiastic recycler shares her stories, information

By Stuart Deane and Erin Fournier

The speaker for the January 22 meeting was Christin Walth (right) of the city-wide recycling team. Following an earlier Board of Directors meeting and preceding the arrival of our entrée choices of fried coconut shrimp, baked haddock or Tuscan grilled chicken, our speaker fascinated members with her delivery (“Enthusiastic is putting it mildly.”) and her message: 1. We must recycle. 2. Recycle empty bottles, jars and containers made of metal, plastic or glass from the kitchen, laundry and bath, plus paper and flattened cardboard. 3. Film plastics of any kind are a disaster for recycling.

Walth is from Nebraska and Stockholm, Sweden, and upon moving to Massachusetts was shocked at the waste here compared to Sweden. She is the local creator of Repair Café, which holds sessions several times a year for people to bring in things for help with repairs in order to save them from being thrown out in the trash.

As to how serious she is, she took home her paper dinner napkin to compost, and she wouldn't drink the water because of the plastic straw or eat her salad because the dressing was in an individual plastic container.

“The Exchange Club is GREAT,” she wrote in a follow-up note. “What a wonderful group of people! I really enjoyed myself with such a friendly, enthusiastic and engaged group. Thanks so much for the opportunity and a lovely evening.”

Schedule

- Feb. 5: Regular Meeting
- Feb. 19: Regular Meeting
- Feb. 26: Board of Directors



Scenes from the New England Education Conference



Highlights

- Bonnie “The Canary” Breen on member retention: interesting speakers, committee participation, rotating board members, member recognition and constant communication.
- Cindy “The Seahorse” Harb on raising awareness of the prevention of child abuse: Pin Wheel Fields, Blue Mondays, Comfort Kits, Support of local CAP Center, Walk to End Child Abuse
- Regional Vice President Joe Dudek of Norwalk, Connecticut, on the crucial need for new leaders to step up to the plate
- Past National President “Buffalo Bob” Harb on the steps to building a new club as a way of also building the sponsoring club
- Bob “The Wolf” Wescott and Corrine “The Collie” Corso on using the New England Exchange Club Foundation as a 501.c.3 entity for collecting charitable donations and for requesting grants to embellish local projects
- Member Joe Murphy at the luncheon “Bragging Session” summing up our “Field of Honor,” called a “Newburyport institution” by Mayor Donna Holaday
- Member Erin Fournier being called out for appearing in *EXCHANGE Today* (above)
- The N.E. District Convention will be in Hyannis on May 3-5, while the National Convention will be in Norfolk, Virginia, on July 17-20